

1. At your Video Visit time:

Please join the Zoom meeting at least 5 minutes
before your scheduled visit time:

Date: _

Time: _

Provider: _

Go to <https://zoom.us>

Click “Join a Meeting”

Join a Meeting

Meeting ID or Personal Link Name

Your meeting ID is a 9, 10, or 11-digit number

Join

Enter this number: _____

Click **Join**. You will automatically be placed in a waiting
room, and your provider will admit you when ready.

Please contact our front desk if you are having trouble downloading the app or at the
time of your visit.

Zoom Meeting Notes and Helpful Tips

(If you plan on having a video visit with the ostomy nurse for education)

Please note:

- You must be in California at the time of this visit .
- A Video Visit is billed in the same way as an in-person clinic visit. The terms of your deductible and copay still apply.
- If you experience technical difficulties and cannot resolve them even after visiting the Zoom Support Center, **contact the clinic** to reschedule or convert your Video Visit to an in-person appointment.
- To avoid additional charges from your cellular provider, use a **Wi-Fi connection** for your Video Visit.
- During your Video Visit, be in a location, that is **private, quiet, and free from distractions.**
- Please ensure you have a “**buddy**” present at the time of the meeting. The meeting will require some camera adjustments and a good view of your stomach, so having a friend or spouse present would be helpful.
 - Note: If you are not computer-savvy, please ensure that your buddy is in order to avoid complications during the Video Visit
- Before your meeting, test your webcam’s **quality** and **lighting** to ensure that the practitioner can easily see for purposes of ostomy-marking
- Wear **typical attire**, especially pants with a normal rise to ensure that pant indentations do not interfere with the stoma as it is marked